



*An Education Course*

Spring 2015

FROM DESPAIR *and* ISOLATION to  
HOPE *and* EMPOWERMENT

*This 11-week class is for parents, siblings, spouses, adult children, friends and significant others of persons with a serious psychiatric illness, such as major depression, bipolar disorder, schizophrenia and PTSD.*

**Wednesdays March 25 through June 3**  
**6:30 p.m. – 9:00 p.m.**

**Adult and Child Center**

**8320 Madison Avenue, Indianapolis, IN 46227**  
Linda Williams & Sue Tarplee, Instructors

Classes are offered without charge.

**\*\* Registration is required\*\***

Since classes fill up quickly, early registration is recommended.

To register, call NAMI Indianapolis at **317-257-7517** or email

[info@namiindy.org](mailto:info@namiindy.org)

Presented and Coordinated by:



With additional support by:

