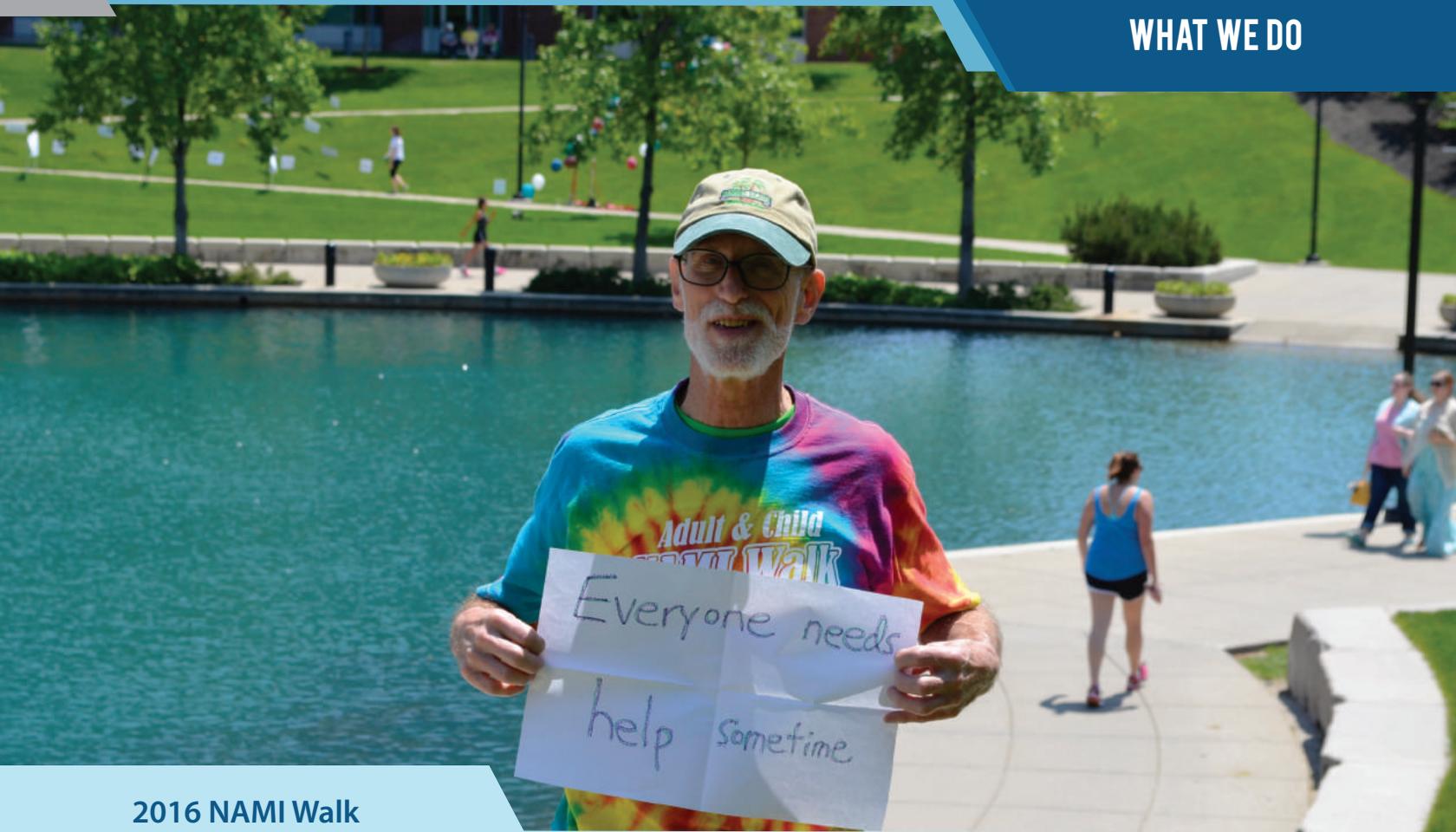




ADULT & CHILD
HEALTH

2016 ANNUAL REPORT



2016 NAMI Walk Message of Support

Adult & Child Health is an innovative, mission-driven healthcare organization dedicated to helping people live healthier lives and reach their goals. Serving people of all ages and impacting every area of life, our staff support people at home, at work, at school, and in the community.



Adult & Child is governed by a volunteer Board of Directors who are representative of the communities we serve.

Chair

Sue Collins, RN
Case Management Society of America

Vice Chair

Steve Wohlford, COO
Johnson Memorial Hospital

Treasurer

Dustin Huddleston, Attorney
Huddleston & Huddleston

Secretary

Dawn Shimp, Admin. Research Asst.
ACT Center of Indiana
IUPUI Psychology Department

Baindu Bayon, PhD
Candidate, Molecular Genetics
Indiana University School of Medicine

Robert Marshall, Fellow
Building Excellent Schools .

Tom Gaunt, Managing Director
Geometric Solutions, LLC

Robert Hurley, Attorney
Robert Hurley – Attorney at Law

Kellie Meyer, M.A., President
Kellie Meyer Training Solutions

Carole McKinney, Instructor
Franklin College

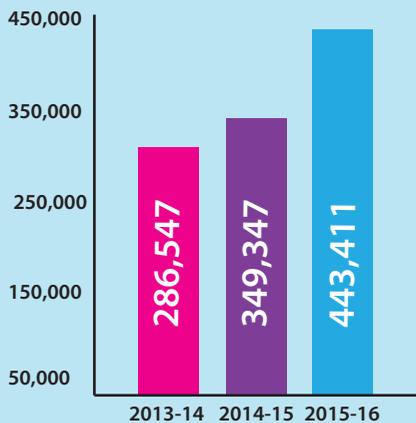
**Joe Villanueva, Chief Deputy
Prosecutor**
Johnson Cty Presecutor's Office

A MESSAGE FROM OUR CEO

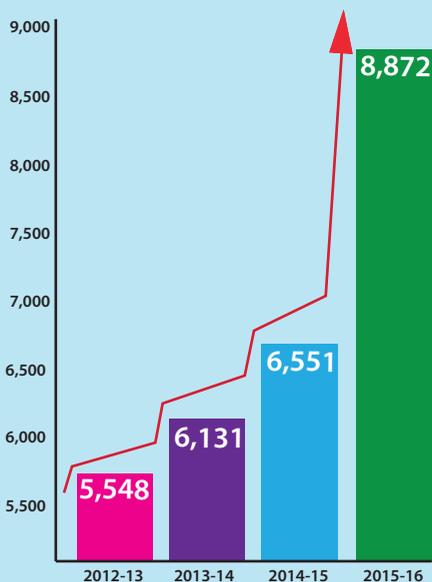


Allen Brown, CEO

CLIENT SERVICE HOURS



UNDUPLICATED CLIENT COUNT



Our mission is driven by the needs of those who live in the communities we serve. At our core, Adult and Child Health remains dedicated to supporting people who face a wide variety of life challenges. Since 1949, Adult and Child has been a dedicated safety net provider of behavioral health services. Over the past year, we have focused on building better access to care throughout Central Indiana, we have strengthened our relationships with community partners, and we have laid a strong foundation for future growth.

Access to care has been a top priority. This year alone, we served nearly 35% more people than we did the the previous year. We are currently investing in 15,000 square feet of new office space in Johnson County, we've expanded our addictions programming to better satisfy the demand, and we've overhauled the way clients access our services to expedite access to care.

Just being a better behavioral health care safety net provider isn't enough for us. As we looked at the changing needs of our community and worked with other providers in the area, we recognized a significant service gap. 78% of A&C patients over the age of 17 reported significant primary care concerns like diabetes, obesity, COPD, or heart disease. Most of these clients struggled to effectively manage their chronic disease. Statistically, people who experience a serious mental illness die 25 years younger than those without due to unmanaged or undiagnosed chronic disease.

Based upon this troubling national trend, A&C has invested in a response for our community. We are very proud to announce our entrance into the primary care and disease management industry by opening 2 family medicine clinics in Central Indiana. Slated to open in October 2016 and early 2017, these clinics located in downtown Indianapolis and Franklin, IN, respectively, will focus on the affordable delivery of quality family medicine services for disadvantaged populations.

A&C is making significant moves to improve care and expand the scope of services we provide. I am honored and humbled by the support our community partners, and our staff, have displayed in our pursuit of the Adult & Child mission. Thank you all for your continued dedication.

~ Allen Brown, CEO

STRIVE !

Positive attitude
 Performance versatility
 Advocacy for consumers
 Good work ethic
 Willingness to go above and beyond
 Prone to mentor other (staff/consumers)

ADULT & CHILD HEALTH

Loyalty and commitment

Each quarter we celebrate mission-driven employees who set the standards for excellence and innovation.

First Quarter Winners



Judi Souder



Jamie Davasher



Cindy McAtee

Second Quarter Winners



Beth Schulz



Robin Brown



Patrick Elzey

Third Quarter Winners



Marion McKinney



Candice McDaniel



Scott Vail

Fourth Quarter Winners



Rosie Bryant



Cat Cave



Liz Stirn

End of Year Employee Winner



Robin Brown



OPEN ACCESS TEAM AWARD WINNERS

Adult & Child has amazing teams doing amazing things! A quarterly award, "The Power of &" Team Award has been created to recognize teams that demonstrate above & beyond commitment to our agency's mission, vision, and values.



PERRY SCHOOL BASED TEAM AWARD WINNERS



GRANT NEWS

Grants & Contracts Dollars Awarded
in FY16

In FY16 Adult & Child Health was awarded a
total of **\$1,067,987.00**
from public and private funding sources.

Program Name

Description

Neighborhood Based Services (NBMH)
Amount Awarded: **\$137,500**
Funder: Indiana Division of Mental Health
and Addictions (DMHA)

Through a partnership with BACI-Indy, Esperanza Ministries, and Catholic Charities, the NBMH program expands access to mental health services among immigrants, who are an underserved population.

TECH Enabled Health Home
Amount Awarded: **\$211,143**
Funder: Indiana Division of Mental
Health and Addictions (DMHA)

Clients enrolled in this pilot are engaged by a physician driven team of providers in a health home model. The team includes a multidisciplinary set of providers including a Primary Care Physician, a Psychiatrist, a Nurse Care Manager, Team Nurse, Skills Development Specialists, and Peer Recovery Specialists.

Transition Aged Youth
Amount Awarded: **\$64,000**
Funder: Indiana Division of Mental
Health and Addictions (DMHA)

The program supports the growth of independent living skills, healthy interpersonal proficiency, and social development through experiences within the youth's classroom and in the community.

Marion & Johnson County System of
Care Collaboratives
Amount Awarded: **\$100,000**
Funder: Indiana Division of Mental
Health and Addictions (DMHA)

This funding supports the placement of a Local System of Care Coordinator, a staff position that increases the capacity of our local SOC in Marion and Johnson Counties. By assessing client's unique needs and linking them with service providers.

PATH
Amount Awarded: **\$119,614**
Funder: Indiana Division of Mental
Health and Addictions (DMHA)

Using the Critical Time Intervention Model, outreach workers engage people who experience homelessness and coach them through a 3-phase process toward long term health care and stable housing.

Program Name

Description

A&C Supported Housing
Amount Awarded: **\$354,488**
Funder: Housing & Urban Development (HUD)

HUD funding helps A&C provide housing-first models to over forty clients who can expand to receive behavioral health services and or primary care services.

Kamp Kool
Amount Awarded: **\$14,750**
Funder: Indianapolis Foundation/IU Health

Funding assist Adult and Child Health to provide "Kamp Kool" during the summer months, to keep at-risk youth engaged, and to work with them on specific skills, so they are ready to learn and participate when they return to school in the fall.

Healthy Futures
Amount Awarded: **\$53,500**
Funder: Kendrick Foundation

Healthy Futures is a partnership with the Mooresville Consolidated School Corporation to implement a school-based suicide and substance abuse prevention program in Morgan County, Indiana

Adult and Child Health is appreciative of the \$1,077,987 we have received by way of grant funding and private sector gifts!

STRENGTH IN NUMBERS



303 Kids received care from 108 foster families

55,001 safe nights



We helped

546

Clients improve their job skills via our JobLinks program



We helped

3,313 Students excel in 114 area schools



We helped over

16,857 Individuals and families lead healthier lives

2015-2016 JOURNEY

Over the past year, A&C raised their expectations to increase access to a broader continuum of care. As a large health care provider in an ever-changing industry, A&C has been focused on systematic enhancements to improve the overall health and well being of the mothers, fathers, sons, and daughters we serve. We are proud to be nimble enough to meet the health care demands of our community while also having the clinical expertise to provide remarkable care.

OPEN ACCESS: Easy access to healthcare is critical. In 2015, we became concerned with increasing wait times for patients who needed help, so we decided to dramatically change the way we offer client access. We rolled out the Open Access model in October of 2015. Open Access is an innovative practice which increases the number of initial intake appointments available to new and returning clients who are ready to engage in care.

INTEGRATION OF PRIMARY CARE & BEHAVIORAL HEALTH SERVICES: In December 2015, we opened an integrated care clinic in partnership with The Jane Pauley Community Health Center. The integration of primary care and behavioral health care has been shown to significantly increase the quality of care and reduce the cost of health care through prevention and early identification of chronic disease and reducing the inappropriate use of emergency rooms. This partnership enabled us to expand integrated health services, meeting the growing demand for a team approach to total health care.



JULY 1ST 2015
JUNE 30, 2016



2,946 unduplicated clients
seen at 8320 location

A&C HEALTH CLINICS: As our health care system is being redefined nationally, we are investing in new models of care. This is a major milestone for A&C and is reflective of our dedication to leading our industry toward local and personal total health care. A&C is currently working to open two community health care clinics designed to better serve our community – even those who struggle with the ability to pay for health care services. These state-of-the-art clinics are located in downtown Indianapolis and Franklin, IN. Local social service agencies, primary care physicians, and community members have expressed support and excitement in anticipation of the fall and winter launch dates in 2016.

JAIL DIVERSION AND RE-ENTRY MODELS: Adult and Child is now certified as a Recovery Works provider, making us eligible to provide forensic re-entry services for persons managed by the Department of Corrections. Increasingly, the Department of Corrections is asking for support to reduce incarcerations, particularly among individuals with a history of mental illness and addictions. We have begun benefits navigation services in Johnson County, which is the first critical step toward empowering people to re-enter society in a healthy and productive fashion. We look forward to expanding our impact to improve the successful re-entry of jail-involved persons.



Jane Pauley and A&C Partnership
Ribbon Cutting Ceremony



Downtown Indianapolis Community Health Clinic

BEHAVIORAL HEALTH HOME: In October, Adult and Child launched a Behavioral Health Home, a first in the State of Indiana, to address the complex health needs of adults with co-occurring serious mental illness and chronic physical health conditions. This team approach to care incorporates a total health model, so clients can better manage their conditions.

NEIGHBORHOOD BASED MENTAL HEALTH: Minority populations, particularly immigrants and refugees, experience more barriers to care than most. With support from Indiana Department of Mental Health and Addictions, A&C has developed and implemented a highly effective model of community-based care which supports grass roots efforts among minority populations focused on early identification and education of mental health. We are working to improve engagement among this population by partnering with community agencies, and embedding Peer Mentors to start talking about mental health and addictions. A key focus is reducing the stigma that surrounds accessing care, educating these communities on the symptoms of mental illness, and providing individuals in need of care with hope for recovery. This program helps immigrants and refugees obtain culturally preferred foods and provide linkages to housing and employment resources.

EDUCATION LIASON FOR FOSTER YOUTH: Foster children have tragically poor outcomes related to education; barely half of them graduate from high school. Recognizing the impact that education has on their quality of life, Adult and Child hired an Education Liaison to address the underlying drivers, so we can help our foster kids graduate. To our knowledge, Adult and Child is the first Indiana Licensed Child Placing Agency to hire a full-time staff member devoted to the educational outcomes for foster kids.

NONTRADITIONAL ACCESS TO CARE: A&C firmly believes in providing care that best suits the needs and abilities of those we serve. That is why we have continued to expand services in schools, homes, community, and office based programs. Youth and families were able to access care in over 120 schools throughout Marion, Johnson, and Morgan Counties. High schoolers interested in preparing for the workforce were able to access onsite employment and skills training services.

UPGRADING FACILITIES: Along with the many changes to our services, and in line with the incredible growth we're experiencing, Adult and Child has invested in renovations at most of our locations including: extensive work at 8320 Madison Avenue to accommodate our expanded Integrated Health Clinic; renovating the second floor at 8404 Sear Terrace to provide much-needed space for our growing Information Services Team, and relocating our Columbus team to a more client friendly location.

#THIS IS WHY

Why do we work so hard toward our mission?



"In my role, I get to see the positive transformation in our consumers. I watch them overcome addictions, difficult life events, and mental health barriers to become increasingly independent, with greater self-confidence and an improved outlook on life."

~ Kimberly, Care Coordinator



"I've come a long way," said DeShon, sitting down to share her decades-long story of abuse, mental illness, homelessness, and recovery. "I've been stumbling through life. But now, I'm the happiest I've ever been in my entire life. Here, with my kids and grandkids, and my job, I'm the happiest I've ever been."

~ DeShon



After my divorce, I had to learn a new way to parent. Staff at A&C were so great. They gave me hope.

~ Trela



I know it is a safe place I can come and feel respected and accepted.

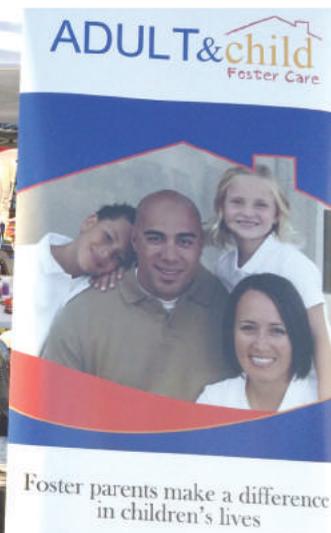
~ Ken



Foster Parents Kenneth and Toni Dotson received the 'Faith, Hope, & Love' award as Foster Parents of the Year from the Kiwanis Club of Indianapolis.



SUPPORTING Foster Care
@INDY PRIDE FESTIVAL 2016



2016 Nami Walk
2016 TFC Tuition Toss

THE POWER OF "&"

Throughout our lives, we learn from others, we support our friends, and together, we write our life stories. Stories about happiness and about fear. Stories about success and defeat. Stories about loneliness and recovery. Together our stories intertwine and lead us down remarkable paths.

Adult & Child believes in walking along side our clients and patients to help them take control of their lives and write the next chapter of their story. We help them see that mistakes, difficult circumstances, and missed opportunities do not define their future and there is always another chapter to be written.

So what better symbol to bond us to our mission than the ampersand?
A symbol of unity. A symbol of continuation. A symbol of more yet to come. Just as the ampersand bonds partners to a common goal, and people to a common pursuit, so too, does the ampersand bond us to our mission.

OUR ACHIEVEMENTS

Youth Mental Health First Aid is designed to teach parents, family members, teachers, school staff, peers, health and human service workers, and other caring citizens how to help an adolescent who is experience a mental health or addictions challenge or is in crisis. Our Training Team provided **94** participants with the tools they need to help young people in both crisis and non-crisis situations.



Making Mental Health First Aid as common as CPR

BREAKING DOWN SILOS IN CARE



Each year the Indianapolis Business Journal celebrates individuals and agencies making a difference in healthcare. Adult & Child Health proudly accepted the 16th annual Health Care Heroes Community Achievement in Health Care award. Our innovative approach to integrated care and commitment to removing barriers to care through our partnership with The Jane Pauley Community Health Center was honored as making a significant impact on the quality of health care in the Indianapolis metropolitan area.

“There are no silos that separate our minds from our bodies. It makes sense to look at an individual’s total health and create an integrated plan.” – Allen Brown, CEO

Indianapolis Business Journal
HEALTH CARE
HEROES

A&C wins IBJ Healthcare Heroes Award

HOW DID WE EMPOWER Life?

July 1, 2015 - June 30, 2016

REVENUES

Gross Client Service Revenue \$38,180,505.22
 Less MRO Match \$(7,418,740.24)
 Less Deduction from Services Revenue \$(5,446,158.36)

Net Service Revenue \$25,315,606.62
 Total Other Revenue \$17,001,327.07

TOTAL OPERATING REVENUE \$42,316,933.69

EXPENSES

Wages \$25,152,626.51
 Benefits \$4,406,257.53
 Payroll Taxes \$2,034,979.59
 Total Other Operating Expenses \$10,640,579.78

TOTAL OPERATING EXPENSES \$42,234,443.41

Net Income from Operations \$2,456,611

Net Income from Non Operations \$191,370

REINVESTMENT IN MISSION \$(22,996.53)

Total Assets \$34,609,156.80

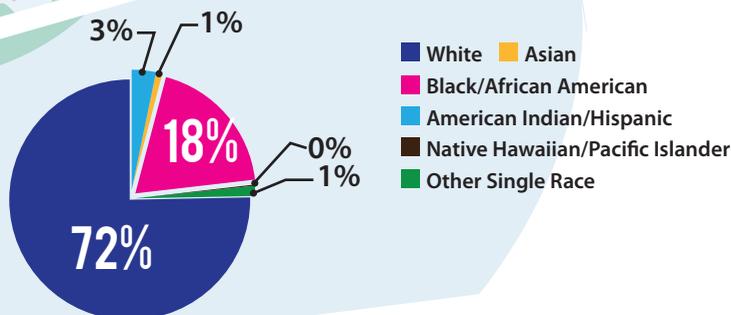
Total Liabilities \$(12,763,267.41)

NET ASSETS \$21,845,889.39

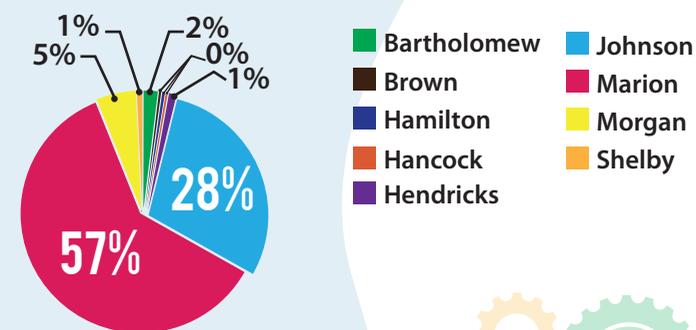
CLIENT BY AGE GROUP



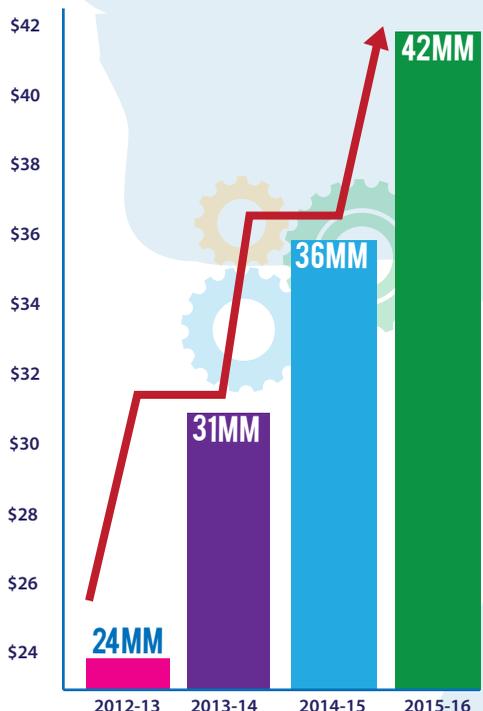
CLIENT COUNT BY RACE



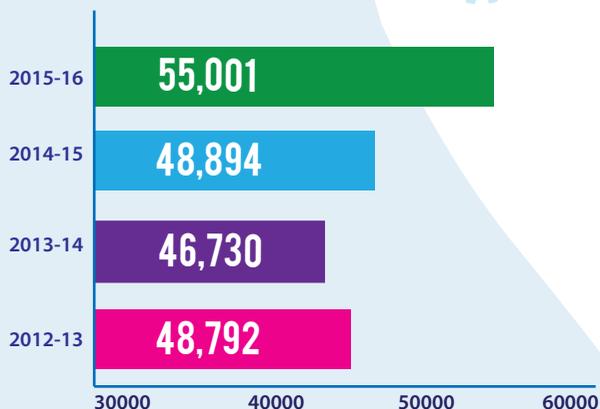
CLIENT RESIDENCY BY COUNTY



TOTAL OPERATING REVENUE



NUMBER OF FOSTER CARE NIGHTS PROVIDED



THANK YOU!

A special thanks to our community partners who have long supported us and our mission.



877.882.5122

www.adultandchild.org

Clinic Locations



222 East Ohio St., Suite 600
Indianapolis, IN 46204

107 N. State Rd 135
Greenwood, IN 46142

603 E. Washington St.
Indianapolis, IN 46204

86 Drake Rd.
Franklin, IN 46131

8320 Madison Ave.
Indianapolis, IN 46227

1860 Northwood Plaza
Franklin, IN 46131

8404 Sear Terrace Ste 100
Indianapolis, IN 46227

3920 E. 25th St.
Columbus, IN 47203

898 E. Main Street
Greenwood, IN 46143

