Adult & Child Health is an innovative, mission-driven healthcare organization dedicated to helping people live healthier lives and reach their goals. Serving people of all ages and impacting every area of life, our staff support people at home, at work, at school, and in the community.

Adult & Child is governed by a volunteer Board of Directors who are representative of the communities we serve.

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Case Management Society of America

**Vice Chair**
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Johnson Memorial Hospital

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ACT Center of Indiana  
IUPUI Psychology Department

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Candidate, Molecular Genetics  
Indiana University School of Medicine

Robert Marshall, Fellow  
Building Excellent Schools

Tom Gaunt, Managing Director  
Geometric Solutions, LLC

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Robert Hurley – Attorney at Law

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Kellie Meyer Training Solutions

Carole McKinney, Instructor  
Franklin College

Joe Villanueva, Chief Deputy Prosecutor  
Johnson Cty Prosecutor’s Office

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**2016 NAMI Walk**
Message of Support

Adult & Child Health is an innovative, mission-driven healthcare organization dedicated to helping people live healthier lives and reach their goals. Serving people of all ages and impacting every area of life, our staff support people at home, at work, at school, and in the community.

- **67 Years of care for Central IN residents**
- **651 Dedicated Employees**
- **443,411 Hours devoted to helping people live healthier lives**
A MESSAGE FROM OUR CEO

Allen Brown, CEO

Our mission is driven by the needs of those who live in the communities we serve. At our core, Adult and Child Health remains dedicated to supporting people who face a wide variety of life challenges. Since 1949, Adult and Child has been a dedicated safety net provider of behavioral health services. Over the past year, we have focused on building better access to care throughout Central Indiana, we have strengthened our relationships with community partners, and we have laid a strong foundation for future growth.

Access to care has been a top priority. This year alone, we served nearly 35% more people than we did the previous year. We are currently investing in 15,000 square feet of new office space in Johnson County, we’ve expanded our addictions programming to better satisfy the demand, and we’ve overhauled the way clients access our services to expedite access to care.

Just being a better behavioral health care safety net provider isn’t enough for us. As we looked at the changing needs of our community and worked with other providers in the area, we recognized a significant service gap. 78% of A&C patients over the age of 17 reported significant primary care concerns like diabetes, obesity, COPD, or heart disease. Most of these clients struggled to effectively manage their chronic disease. Statistically, people who experience a serious mental illness die 25 years younger than those without due to unmanaged or undiagnosed chronic disease.

Based upon this troubling national trend, A&C has invested in a response for our community. We are very proud to announce our entrance into the primary care and disease management industry by opening 2 family medicine clinics in Central Indiana. Slated to open in October 2016 and early 2017, these clinics located in downtown Indianapolis and Franklin, IN, respectively, will focus on the affordable delivery of quality family medicine services for disadvantaged populations.

A&C is making significant moves to improve care and expand the scope of services we provide. I am honored and humbled by the support our community partners, and our staff, have displayed in our pursuit of the Adult & Child mission. Thank you all for your continued dedication.

~ Allen Brown, CEO
Our Work Culture

Perry School Based Team Award Winners

Each quarter we celebrate mission-driven employees who set the standards for excellence and innovation.

First Quarter Winners

Judi Souder  Jamie Davasher  Cindy McAtee

Second Quarter Winners

Beth Schulz  Robin Brown  Patrick Elzey

Third Quarter Winners

Marion McKinney  Candice McDaniel  Scott Vail

Fourth Quarter Winners

Rosie Bryant  Cat Cave  Liz Stirn

End of Year Employee Winner

Robin Brown

Open Access Team Award Winners

Our Work Culture

STRIVE

Adult & Child Health

Positive attitude
Performance versatility
Advocacy for consumers
Good work ethic
Willingness to go above and beyond
Loyalty and commitment

Each quarter we celebrate mission-driven employees who set the standards for excellence and innovation.

Adult & Child has amazing teams doing amazing things! A quarterly award, “The Power of &” Team Award has been created to recognize teams that demonstrate above & beyond commitment to our agency’s mission, vision, and values.

Perry School Based Team Award Winners
### Program Name

<table>
<thead>
<tr>
<th>Neighborhood Based Services (NBMH)</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amount Awarded: <strong>$137,500</strong></td>
<td>Through a partnership with BACI-Indy, Esperanza Ministries, and Catholic Charities, the NBMH program expands access to mental health services among immigrants, who are an underserved population.</td>
</tr>
<tr>
<td>Funder: Indiana Division of Mental Health and Addictions (DMHA)</td>
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<thead>
<tr>
<th>TECH Enabled Health Home</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amount Awarded: <strong>$211,143</strong></td>
<td>Clients enrolled in this pilot are engaged by a physician driven team of providers in a health home model. The team includes a multidisciplinary set of providers including a Primary Care Physician, a Psychiatrist, a Nurse Care Manager, Team Nurse, Skills Development Specialists, and Peer Recovery Specialists.</td>
</tr>
<tr>
<td>Funder: Indiana Division of Mental Health and Addictions (DMHA)</td>
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<table>
<thead>
<tr>
<th>Transition Aged Youth</th>
<th>Description</th>
</tr>
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<tbody>
<tr>
<td>Amount Awarded: <strong>$64,000</strong></td>
<td>The program supports the growth of independent living skills, healthy interpersonal proficiency, and social development through experiences within the youth's classroom and in the community.</td>
</tr>
<tr>
<td>Funder: Indiana Division of Mental Health and Addictions (DMHA)</td>
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<table>
<thead>
<tr>
<th>Marion &amp; Johnson County System of Care Collaboratives</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amount Awarded: <strong>$100,000</strong></td>
<td>This funding supports the placement of a Local System of Care Coordinator, a staff position that increases the capacity of our local SOC in Marion and Johnson Counties. By assessing client’s unique needs and linking them with service providers.</td>
</tr>
<tr>
<td>Funder: Indiana Division of Mental Health and Addictions (DMHA)</td>
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<tr>
<th>PATH</th>
<th>Description</th>
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</thead>
<tbody>
<tr>
<td>Amount Awarded: <strong>$119,614</strong></td>
<td>Using the Critical Time Intervention Model, outreach workers engage people who experience homelessness and coach them through a 3-phase process toward long term health care and stable housing.</td>
</tr>
<tr>
<td>Funder: Indiana Division of Mental Health and Addictions (DMHA)</td>
<td></td>
</tr>
</tbody>
</table>
Adult and Child Health is appreciative of the $1,077,987 we have received by way of grant funding and private sector gifts!

**STRENGTH IN NUMBERS**

- **We helped 3,313** Students excel in 114 area schools
- **303** Kids received care from 108 foster families
- **55,001** safe nights
- **We helped over 16,857** Individuals and families lead healthier lives

**GRANT NEWS**

<table>
<thead>
<tr>
<th>Program Name</th>
<th>Description</th>
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</thead>
<tbody>
<tr>
<td>A&amp;C Supported Housing</td>
<td>HUD funding helps A&amp;C provide housing-first models to over forty clients who can expand to receive behavioral health services and or primary care services.</td>
</tr>
<tr>
<td>Amount Awarded: $354,488 Funder:</td>
<td>Housing &amp; Urban Development (HUD)</td>
</tr>
<tr>
<td>Kamp Kool</td>
<td>Funding assist Adult and Child Health to provide &quot;Kamp Kool&quot; during the summer months, to keep at-risk youth engaged, and to work with them on specific skills, so they are ready to learn and participate when they return to school in the fall.</td>
</tr>
<tr>
<td>Amount Awarded: $14,750 Funder:</td>
<td>Indianapolis Foundation/IU Health</td>
</tr>
<tr>
<td>Healthy Futures</td>
<td>Healthy Futures is a partnership with the Mooresville Consolidated School Corporation to implement a school-based suicide and substance abuse prevention program in Morgan County, Indiana</td>
</tr>
<tr>
<td>Amount Awarded: $53,500 Funder:</td>
<td>Kendrick Foundation</td>
</tr>
</tbody>
</table>
Over the past year, A&C raised their expectations to increase access to a broader continuum of care. As a large health care provider in an ever-changing industry, A&C has been focused on systematic enhancements to improve the overall health and well being of the mothers, fathers, sons, and daughters we serve. We are proud to be nimble enough to meet the health care demands of our community while also having the clinical expertise to provide remarkable care.

OPEN ACCESS: Easy access to healthcare is critical. In 2015, we became concerned with increasing wait times for patients who needed help, so we decided to dramatically change the way we offer client access. We rolled out the Open Access model in October of 2015. Open Access is an innovative practice which increases the number of initial intake appointments available to new and returning clients who are ready to engage in care.

INTEGRATION OF PRIMARY CARE & BEHAVIORAL HEALTH SERVICES: In December 2015, we opened an integrated care clinic in partnership with The Jane Pauley Community Health Center. The integration of primary care and behavioral health care has been shown to significantly increase the quality of care and reduce the cost of health care through prevention and early identification of chronic disease and reducing the inappropriate use of emergency rooms. This partnership enabled us to expand integrated health services, meeting the growing demand for a team approach to total health care.

A&C HEALTH CLINICS: As our health care system is being redefined nationally, we are investing in new models of care. This is a major milestone for A&C and is reflective of our dedication to leading our industry toward local and personal total health care. A&C is currently working to open two community health care clinics designed to better serve our community – even those who struggle with the ability to pay for health care services. These state-of-the-art clinics are located in downtown Indianapolis and Franklin, IN. Local social service agencies, primary care physicians, and community members have expressed support and excitement in anticipation of the fall and winter launch dates in 2016.

JAIL DIVERSION AND RE-ENTRY MODELS: Adult and Child is now certified as a Recovery Works provider, making us eligible to provide forensic re-entry services for persons managed by the Department of Corrections. Increasingly, the Department of Corrections is asking for support to reduce incarcerations, particularly among individuals with a history of mental illness and addictions. We have begun benefits navigation services in Johnson County, which is the first critical step toward empowering people to re-enter society in a healthy and productive fashion. We look forward to expanding our impact to improve the successful re-entry of jail-involved persons.
**BEHAVIORAL HEALTH HOME:** In October, Adult and Child launched a Behavioral Health Home, a first in the State of Indiana, to address the complex health needs of adults with co-occurring serious mental illness and chronic physical health conditions. This team approach to care incorporates a total health model, so clients can better manage their conditions.

**NEIGHBORHOOD BASED MENTAL HEALTH:** Minority populations, particularly immigrants and refugees, experience more barriers to care than most. With support from Indiana Department of Mental Health and Addictions, A&C has developed and implemented a highly effective model of community-based care which supports grass roots efforts among minority populations focused on early identification and education of mental health. We are working to improve engagement among this population by partnering with community agencies, and embedding Peer Mentors to start talking about mental health and addictions. A key focus is reducing the stigma that surrounds accessing care, educating these communities on the symptoms of mental illness, and providing individuals in need of care with hope for recovery. This program helps immigrants and refugees obtain culturally preferred foods and provide linkages to housing and employment resources.

**EDUCATION LIASON FOR FOSTER YOUTH:** Foster children have tragically poor outcomes related to education; barely half of them graduate from high school. Recognizing the impact that education has on their quality of life, Adult and Child hired an Education Liaison to address the underlying drivers, so we can help our foster kids graduate. To our knowledge, Adult and Child is the first Indiana Licensed Child Placing Agency to hire a full-time staff member devoted to the educational outcomes for foster kids.

**NONTRADITIONAL ACCESS TO CARE:** A&C firmly believes in providing care that best suits the needs and abilities of those we serve. That is why we have continued to expand services in schools, homes, community, and office based programs. Youth and families were able to access care in over 120 schools throughout Marion, Johnson, and Morgan Counties. High schoolers interested in preparing for the workforce were able to access onsite employment and skills training services.

**UPGRADING FACILITIES:** Along with the many changes to our services, and in line with the incredible growth we’re experiencing, Adult and Child has invested in renovations at most of our locations including: extensive work at 8320 Madison Avenue to accommodate our expanded Integrated Health Clinic; renovating the second floor at 8404 Siear Terrace to provide much-needed space for our growing Information Services Team, and relocating our Columbus team to a more client friendly location.
Why do we work so hard toward our mission?

“In my role, I get to see the positive transformation in our consumers. I watch them overcome addictions, difficult life events, and mental health barriers to become increasingly independent, with greater self-confidence and an improved outlook on life.”
~ Kimberly, Care Coordinator

“I’ve come a long way,” said DeShon, sitting down to share her decades-long story of abuse, mental illness, homelessness, and recovery. “I’ve been stumbling through life. But now, I’m the happiest I’ve ever been in my entire life. Here, with my kids and grandkids, and my job, I’m the happiest I’ve ever been.
~ DeShon

After my divorce, I had to learn a new way to parent. Staff at A&C were so great. They gave me hope.
~ Trela

I know it is a safe place I can come and feel respected and accepted.
~ Ken
Throughout our lives, we learn from others, we support our friends, and together, we write our life stories. Stories about happiness and about fear. Stories about success and defeat. Stories about loneliness and recovery. Together our stories intertwine and lead us down remarkable paths.

Adult & Child believes in walking along side our clients and patients to help them take control of their lives and write the next chapter of their story. We help them see that mistakes, difficult circumstances, and missed opportunities do not define their future and there is always another chapter to be written.

So what better symbol to bond us to our mission than the ampersand? A symbol of unity. A symbol of continuation. A symbol of more yet to come. Just as the ampersand bonds partners to a common goal, and people to a common pursuit, so too, does the ampersand bond us to our mission.
Youth Mental Health First Aid is designed to teach parents, family members, teachers, school staff, peers, health and human service workers, and other caring citizens how to help an adolescent who is experiencing a mental health or addictions challenge or is in crisis. Our Training Team provided 94 participants with the tools they need to help young people in both crisis and non-crisis situations.

A&C wins IBJ Healthcare Heroes Award

Making Mental Health First Aid as common as CPR

BREAKING DOWN SILOS IN CARE

Each year the Indianapolis Business Journal celebrates individuals and agencies making a difference in healthcare. Adult & Child Health proudly accepted the 16th annual Health Care Heroes Community Achievement in Health Care award. Our innovative approach to integrated care and commitment to removing barriers to care through our partnership with The Jane Pauley Community Health Center was honored as making a significant impact on the quality of health care in the Indianapolis metropolitan area.

“There are no silos that separate our minds from our bodies. It makes sense to look at an individual’s total health and create an integrated plan.” – Allen Brown, CEO

A&C wins IBJ Healthcare Heroes Award
### How Did We Empower Life?

**July 1, 2015 - June 30, 2016**

#### Client by Age Group

- **51% Child**
- **49% Adult**

#### Client Count by Race

- **White**: 3%
- **Asian**: 1%
- **Black/African American**: 18%
- **American Indian/Hispanic**: 0%
- **Native Hawaiian/Pacific Islander**: 1%
- **Other Single Race**: 72%

#### Client Residency by County

- **Bartholomew**: 57%
- **Brown**: 3%
- **Hamilton**: 1%
- **Hancock**: 2%
- **Johnson**: 0%
- **Marion**: 1%
- **Morgan**: 2%
- **Shelby**: 1%

#### Number of Foster Care Nights Provided

<table>
<thead>
<tr>
<th>Year</th>
<th>Nights Provided</th>
</tr>
</thead>
<tbody>
<tr>
<td>2015-16</td>
<td>55,001</td>
</tr>
<tr>
<td>2014-15</td>
<td>48,894</td>
</tr>
<tr>
<td>2013-14</td>
<td>46,730</td>
</tr>
<tr>
<td>2012-13</td>
<td>48,792</td>
</tr>
</tbody>
</table>

#### Total Operating Revenue

<table>
<thead>
<tr>
<th>Category</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gross Client Service Revenue</td>
<td>$38,180,505.22</td>
</tr>
<tr>
<td>Less MRO Match</td>
<td>($7,418,740.24)</td>
</tr>
<tr>
<td>Less Deduction from Services Revenue</td>
<td>($5,646,158.36)</td>
</tr>
<tr>
<td>Net Service Revenue</td>
<td>$25,315,666.62</td>
</tr>
<tr>
<td>Total Other Revenue</td>
<td>$17,001,327.07</td>
</tr>
<tr>
<td><strong>TOTAL OPERATING REVENUE</strong></td>
<td><strong>$42,316,933.69</strong></td>
</tr>
</tbody>
</table>

#### Expenses

<table>
<thead>
<tr>
<th>Category</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wages</td>
<td>$25,152,626.51</td>
</tr>
<tr>
<td>Benefits</td>
<td>$4,406,257.53</td>
</tr>
<tr>
<td>Payroll Taxes</td>
<td>$2,034,979.59</td>
</tr>
<tr>
<td>Total Other Operating Expenses</td>
<td>$10,640,579.78</td>
</tr>
<tr>
<td><strong>TOTAL OPERATING EXPENSES</strong></td>
<td><strong>$42,234,443.41</strong></td>
</tr>
</tbody>
</table>

Net Income from Operations: $2,456,611

Net Income from Non Operations: $191,370

Reinvestment in Mission: $2,456,611

Total Assets: $34,609,156.80

Total Liabilities: $12,763,267.41

Net Assets: $21,845,889.39

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**REVENUES**

**EXPENSES**

**TOTAL OPERATING REVENUE**

**NET ASSETS**
A special thanks to our community partners who have long supported us and our mission.

877.882.5122

www.adultandchild.org

Clinic Locations

222 East Ohio St., Suite 600
Indianapolis, IN 46204

603 E. Washington St.
Indianapolis, IN 46204

8320 Madison Ave.
Indianapolis, IN 46227

8404 Siear Terrace Ste 100
Indianapolis, IN 46227

898 E. Main Street
Greenwood, IN 46143

107 N. State Rd 135
Greenwood, IN 46142

86 Drake Rd.
Franklin, IN 46131

1860 Northwood Plaza
Franklin, IN 46131

3920 E. 25th St.
Columbus, IN 47203