WITH HOPE, COMPASSION AND CREATIVITY, WE DELIVER LIFE-ENHANCING PHYSICAL, SOCIAL AND BEHAVIORAL HEALTH CARE SERVICES.
A Message from President and CEO Allen Brown,

When individuals, families and children come to Adult & Child Health, they have already encountered some of the most difficult challenges they will face in their lives. For thousands of persons experiencing poverty, untreated illness, homelessness and trauma, the assistance provided by Adult & Child Health is often lifesaving. Our dedication to helping persons less fortunate recover, survive and ultimately thrive, despite overwhelming circumstances, is the highest fulfillment of the Adult & Child Health mission.

To meet the commitment we’ve made to the underserved, the past few years at Adult & Child Health have been full of change and innovation. Adult & Child Health has expanded into new counties, streamlined patient access to care, improved quality, and launched new services for low-income families. We’ve formed collaborations with remarkable community partners who’ve assisted us in reaching new populations in need. We’re proud to report, once again, Adult & Child Health is helping more people with a wider array of services than ever before. Examples of our growth in the past year include:

• Opening two community health clinics in low-income neighborhoods on Indianapolis’ southside to increase access to affordable health care services. As with A&C’s other community health clinics, patients receive integrated family medicine and behavioral health services in both locations.
• Expanding Medication-Assisted Treatment (MAT) to help combat central Indiana’s opioid crisis. Through a collaboration with Indiana University, Adult & Child Health has become an addictions medicine training site for psychiatry Fellows from the IU School of Medicine.
• Opening two fully renovated low-income housing apartments in central and eastern Indianapolis, creating 54 units of affordable housing, including access to services that support residents’ successful independent living.
• Expanding our number of School-Based Behavioral Health Teams, which serve 3,400 students annually in 120 central Indiana schools, to offer services in Monroe and Shelby County schools.

It’s both humbling and inspiring to work at Adult & Child Health, a place where 625 mission-focused employees work together to make a positive difference in the lives of others. From the persons we treat in primary care and mental health clinics to the youth and families helped by child welfare services, communities are strengthened by the efforts of Adult & Child Health. With the contributions of our dedicated staff, the wisdom and guidance provided by our Board of Directors, and the contributions of partners who share our vision for community wellness, Adult & Child Health looks forward to seeing what the future holds.

Our Mission
With hope, compassion and creativity, we deliver life-enhancing physical, social and behavioral health care services

Our Vision
We strive for caring communities, where every child, adult and family have the opportunity to live healthy, happy lives.

Our Values
The following value and belief statements are the foundation of the services we provide:

We believe in people and the strength of diversity. We deeply respect the ideas, backgrounds, and lived experiences of those we serve to create safe, inclusive environments where everyone is welcome.

We believe in meeting people where they are. Everyone’s road to recovery and wellness has a different route, destination, and ETA.

We love what we do and a genuine desire to improve lives drives us forward.

Whatever we do, we do well. We are dedicated to the best quality of care and quality of life for the persons we serve.

We are champions for health equity and the promise of healthy communities. We believe in high quality, affordable health care and social services for all.
Adult & Child Health is an innovative, mission-driven health care and social services organization committed to helping people live healthier lives. Through a whole health model of care, our services impact every stage and area of life. Our staff support people at home, at work, at school, and in the community.

Our Services:
- Improve mental and physical health
- Strengthen families
- Help youth become self-sufficient
- Help people find permanent work
- Help children excel at school
- Support children in foster care
- Help adults cope with mental illness
- Connect adults with affordable housing

What drives the mission behind A&C is the incredible compassion of our team. The needs of our growing client base push us to innovate and collaborate in new ways to continuously evolve.

A&C’s impact resounds throughout central Indiana with teams in Marion, Johnson, Bartholomew, Morgan, Hendricks, Monroe and Shelby counties. Whether a staff member works in one of our 120-partnered schools, an office in downtown Indy, a medical clinic, a homeless outreach team, or on the road as a community-based life changer – they are all connected to the same mission.

As a 501c3 not-for-profit organization, we are here to help everyone no matter their ability to pay. More than that, we are here to be your partner in health, inspiring hope and well-being.

Adult & Child Health is governed by a volunteer Board of Directors who are representative of the communities we serve.

**Chair**
Tom Gaunt, Managing Director
Geometric Solutions, LLC

**Vice Chair**
Joe Villaneuva, Prosector
Johnson County Prosecutor’s Office

**Treasurer**
Tony Roscetti, Vice President
PNC Bank

**Secretary**
Sue Collins, Volunteer
Leslie Kelly, MSW, Program Director
Horizon House
Carole McKinney, Retired Faculty
Franklin College
Robert Hurley, Attorney
Robert Hurley, Attorney at Law
Joel Githiri, CPA; Corporate Controller
FitzMark, Inc.

Dawn Shimp, Clinical Study Technician
ACT Center of Indiana
IUPUI Psychology Department

Amber Clarke, Health Professions Navigator
University of Indianapolis
College of Health Sciences

Barbara Thurman
Wheeler Mission for Women and Children
PRIMARY CARE CLINIC OPENINGS:
In its continuing efforts to become a whole health services provider, Adult & Child Health opened two new primary care clinics during the 2018-2019 fiscal year. The first clinic, at 8320 Madison Ave., serves the Greenwood area and Indianapolis’ southside. It opened in the fall. The second clinic, at 234 E. Southern Ave., near Garfield Park on Indy’s near southside, opened April 1 after Franciscan Health, the previous health care provider at the facility, transferred clinic ownership and operation to Adult & Child Health. A&C held a ribbon cutting ceremony May 23 that included employees, board members, community partners and local government officials.

AFFORDABLE HOUSING INITIATIVES:
Adult & Child Health, in partnership with Pearl Real Estate Companies, opened two Indianapolis housing projects aimed at providing affordable housing for people who need community-based services. The facilities, the Ellis on Illinois property at 3402 N. Illinois St., and the Helen Louise Apartments at 5822 E. Washington St., are managed by Pearl Real Estate. A&C provides the residents with health care, mental health services, addictions treatment, and other services to promote recovery and independent living. The facilities combined include 54 units, and both are located near public transportation for residents.

SCHOOL-BASED EXPANSION:
Adult & Child Health’s School-Based Services expanded into Monroe and Shelby counties. They now have therapists in 10 schools spanning two school districts in Monroe County, including Templeton, Binford, Highland Park, Grandview, Summit and Clear Creek elementary schools in the Monroe County Community School Corporation, and Edgewood Primary, Intermediate, Junior High and High Schools in Richland-Bean Blossom Community School Corporation. In Shelby County, the School-Based Team now has therapists in Coulston, Hendricks and Loper elementaries in the Shelbyville Central school district.
In May, to help commemorate Foster Care Awareness Month, Adult & Child Health addressed the foster care crisis head-on. With an increase in the need for foster parents and foster parent resources, A&C partnered with local businesses and organizations to increase their support of our Therapeutic Foster Care program by donating funds, encouraging social media support, and other efforts. The was the agency’s second social media campaign designed to raise awareness around the immediate need for foster homes in Indiana, and it educated people on the many ways to support Indiana’s foster children. The social media push resulted in a year’s high in Facebook reach in May. Additionally, Indianapolis mayor Joe Hogsett pledged his support with a video encouraging people to support the program.

A&C formed a partnership with the Indiana University School of Medicine to become a training site for Addiction Psychiatry Fellows. Under the supervision of Dr. R. Andrew Chambers, Director of the IU Addiction Psychiatry Training Program, Fellows at Adult & Child Health receive education and treatment experience beyond what is available through general psychiatry training. Through the new agreement with Dr. Chambers and Indiana University, A&C is strengthening its use of evidence-based practices, increasing access to care, and helping more addicted patients get on the path to recovery.

In addition to its annual participation in the Indy Pride Festival, our employee-driven LGBTQ Taskforce, which consists of 50 members, engaged in internal and external initiatives to improve LGBTQ acceptance. During the 2018-2019 year, the taskforce pushed for gender-neutral restrooms at A&C-owned buildings, attended community forums to educate LGBTQ residents on their health care options, and it helped transform services to better serve LGBTQ clients.
In Fiscal Year 2018-19, Adult & Child Health was awarded a total of $1,995,974 from public and private funding sources.

**SCHOOL-BASED MENTAL HEALTH**
Provided funding to implement Health Futures Program in Mooresville Community Schools. Healthy Futures focused on increasing knowledge and improved attitudes around bullying, coping skills, suicide, substance use, risk factors and increased protective factors related to suicide and substance abuse. It also promoted relationships with parents and teachers.
Amount Awarded: $25,000
Funder: **SMITHVILLE FOUNDATION**

**TRANSITION-AGED YOUTH**
A collaboration with community partners, we worked with youth ages 15-26 on engagement through group activities, followed by goal-setting, building a support team and referral to services.
Amount Awarded: $150,000
Funder: **INDIANA DIVISION OF MENTAL HEALTH AND ADDICTIONS**

**INTEGRATED CARE ENTITY (ICE)**
Supported integration of primary care with behavioral health and substance abuse.
Amount Awarded: $696,000
Funder: **FSSA/PRIMARY CARE BEHAVIORAL HEALTH INTEGRATION**

**HOMELESS INTERVENTION**
Designed to streamline and coordinate services among area homeless intervention provider agencies.
Amount Awarded: $150,013
Funder: **FEDERAL SUBCONTRACT**

**MARION & JOHNSON COUNTY SYSTEMS OF CARE COLLABORATIVES**
Benefited families by developing projects like Suicide Prevention Coalition, Trauma-Informed Care Symposium, training youth workers on Evidence-Based Models, and other similar projects.
Amount Awarded: $100,000
Funder: **INDIANA DIVISION OF MENTAL HEALTH AND ADDICTIONS**

**YOUTH DEVELOPMENT PROGRAM**
This INPACT grant is a group format with system-involved youth providing medically accurate sexual health education, along with focusing on healthy relationships, building natural supports, and other benefits.
Amount Awarded: $167,400
Funder: **HEALTH CARE EDUCATION & TRAINING CONTRACT**

**SUPPORTIVE HOUSING PROGRAM**
Served up to 50 individuals in a time-limited safe haven. The program serves Anthem members who are experiencing homelessness and are high utilizers of medical services.
Amount Awarded: $124,888
Funder: **ANTHEM/BLUE TRIANGLE CONTRACT**
**Sexual Health Education**
Served 200 system-involved youth, providing medically accurate information around sexual health and access to health care needs.

Amount Awarded: $100,000
Funder: HEALTH CARE EDUCATION & TRAINING CONTRACT

**Johnson Memorial Hospital Foundation**
Supported the overall health of the underserved and vulnerable populations in Johnson County including those who experience mental illness, chronic disease, substance abuse, and homelessness by embedding a Behavioral Health Coordinator to conduct assessments, screenings and follow-ups for behavioral health disorders.

Amount Awarded: $68,000
Funder: JOHNSON MEMORIAL HEALTH FOUNDATION

**Medication-Assisted Treatment for Uninsured**
Provided a combination of medication and therapy to treat substance use disorders. MAT can help sustain recovery for people struggling with addiction.

Amount Awarded: $75,000
Funder: INDIANA DIVISION OF MENTAL HEALTH AND ADDICTIONS

**Summer Programming for Kids**
Provided funding to implement KAMP KOOL during the summer months. This program kept children with behavioral health needs engaged in services during school breaks. Through this program, our staff continued working with students who received school-based services throughout the school year.

Amount Awarded: $14,000
Funder: ANTHEM

**Pre-Employment Services**
Provided pre-employment transition services where a client works in a school system as a career coach.

Amount Awarded: $60,000
Funder: EASTER SEALS

**Parent Cafe’**
A project in Johnson County where parents and caregivers would meet, connect, share ideas, and learn from each other.

Amount Awarded: $108,328
Funder: INDIANA DIVISION OF MENTAL HEALTH AND ADDICTIONS

**Addictions Provider Internships**
Allowed Addictions Interns to learn and work within a cutting-edge environment. We offered practicum experience that allowed them to gain experience working in an outpatient CMHC environment, a community-based environment, gain firsthand experience in IOP Programming, and work within a truly integrated environment (primary care, behavioral health, and substance use disorder).

Amount Awarded: $24,000
Funder: INDIANA DIVISION OF MENTAL HEALTH AND ADDICTIONS

**Neighborhood-Based Services**
Addressed the health care needs of the residents at Penn Place Apartments by implementing onsite programs that include health education services such as smoking cessation and diabetes education, care coordination, insurance navigation and behavioral health services.

Amount Awarded: $133,345
Funder: INDIANA DIVISION OF MENTAL HEALTH AND ADDICTIONS
OUR EXECUTIVE LEADERSHIP TEAM

Adult & Child Health Executive Leadership Team. Left to right: Dr. Jessica Bissey, Chief Clinical Officer; Yadira Howe, Chief Financial Officer; Kerri Lewis, Chief Information Officer; Stephanie Yoder, Chief Operating Officer; Allen Brown, Chief Executive Officer; Denise Amato, Chief Talent Officer; Dr. Christine Negendank, Chief Medical Officer; Breanne Barger, Administrative Assistant; Dan Arens, Chief Strategy Officer and Director of Community Health.

GROWTH TO BETTER MEET COMMUNITY NEEDS

UNDUPLICATED CLIENT COUNT

<table>
<thead>
<tr>
<th>Fiscal Year</th>
<th>Unduplicated Client Count</th>
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<tbody>
<tr>
<td>FY 2016-17</td>
<td>11,291</td>
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<tr>
<td>FY 2017-18</td>
<td>10,815</td>
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<tr>
<td>FY 2018-19</td>
<td>15,831</td>
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PRIMARY CARE VISITS

<table>
<thead>
<tr>
<th>Fiscal Year</th>
<th>Number of Visits</th>
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</thead>
<tbody>
<tr>
<td>FY 2016-17</td>
<td>1,884</td>
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<tr>
<td>FY 2017-18</td>
<td>3,865</td>
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<tr>
<td>FY 2018-19</td>
<td>5,732</td>
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</tbody>
</table>

ADDITION SERVICES

- **512** Intensive Outpatient Client Count
- **3,457** Number of Visits

MENTAL HEALTH COUNSELING VISITS

- **FY 2016-17**: Client Count: 6,136, Number of visits: 85,224
- **FY 2017-18**: Client Count: 6,477, Number of visits: 88,934
- **FY 2018-19**: Client Count: 7,020, Number of visits: 91,678
**SCHOOL-BASED SERVICES**

Our School-Based services provide behavioral health support to students in schools throughout central Indiana. Because each student is unique, our programs are designed to encourage each child’s strengths, and support their challenges.

We also have School-Based employees in six Marion County charter schools, the Cristo Rey Network in Indianapolis, Head Start in Franklin and Columbus, Earlywood Education Center in Johnson County, and Southside Special Services of Marion County.

**SCHOOL DISTRICT/CORP**
- Beech Grove
- Beech Grove City Schools
- Bloomington
- Center Grove, Greenwood
- Charter Schools
- Clark-Pleasant Community School Corp
- Cristo Rey Network
- Edinburgh Community Schools
- Franklin Community
- Franklin Community Schools
- Franklin Township
- Greenwood
- Head Start
- Indianapolis Public Schools
- Johnson County Special Services
- Martinsville
- Mooresville
- Ninveh-Hensley-Jackson
- Perry Township
- Southside Special Services of Marion County
- Wayne Township

**STRENGTH IN NUMBERS**

We helped 3,402 students excel in 120 area schools.
**TOTAL OPERATING REVENUE**

- FY 2014-15: $36 Million
- FY 2015-16: $42 Million
- FY 2016-17: $44 Million
- FY 2017-18: $48 Million
- FY 2018-19: $46 Million

**SERVICE HOURS PROVIDED**

- 58% Marion Co.
- 31% Johnson Co.
- 5% Morgan Co.
- 2% Bartholomew Co.
- 4% Other
- Total: 563,623

**REVENUE**

- 9.7% State Contracts
- 1.4% Self-Pay
- 3.7% Commercial Insurance
- 3.2% Medicare
- 56.5% Medicaid (all types plus HIP)
- 4.1% Grants
- 21.4% Other

**EXPENSES**

- 56% Salaries and Wages
- 20% Benefits
- 24% Other Expenses

**CLIENT BY GENDER**

- 51% Female
- 49% Male

**CLIENT BY RACE**

- 76% White
- 17% Black/African American
- 3% Bi-Racial
- 2% Other Single Race
- 1% Asian
- 1% American Indian
- 0% Hawaiian/Pacific Islander

**CLIENT BY AGE GROUP**

- 2% 0-5
- 24% 6-12
- 13% 13-17
- 37% 18-44
- 18% 45-65
- 6% Over 65
**Number of Visits Provided by Type**

- 36% Psychiatric
- 34% Therapy
- 16% Primary Care
- 14% Other

**Client Residency by Zip Code**

- 61.5% Marion Co.
- 26.9% Johnson Co.
- 5.5% Morgan Co.
- 2.2% Bartholomew Co.
- 4% Other

**Client Residency by County**

- 62% Marion
- 27% Johnson
- 5% Morgan
- 2% Bartholomew
- 1% Shelby
- 3% Other

**Clients by Behavioral Health/Primary Care**

- 14,500 BH
- 3,115 PC

**FINANCIAL PROFILE & CLIENT DEMOGRAPHICS**

- 410 Clients who improved their skills via our JobLinks Program:

- 369 Number of persons served who reported homelessness:
Our Locations

222 E. Ohio St.  
Indianapolis, IN 46204

8320 Madison Ave.  
Indianapolis, IN 46227

86 Drake Road  
Franklin, IN 46131

603 E. Washington St.  
Indianapolis, IN 46204

8404 Siear Terrace Ste. 100  
Indianapolis, IN 46227

1860 Northwood Plaza  
Franklin, IN 46131

234 E. Southern Ave.  
Indianapolis, IN 46225

107 N. State Road 135  
Greenwood, IN 46142

3920 E. 25th St.  
Columbus, IN 47203

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